

Marie-France O'LEARY

ENERGETIC SPECIALIST

LECTURER / WRITER



The guide is nothing but the deed of our love...

Who is Marie-France O'Leary ?

Marie France O'Leary was born in **Quebec**, Canada. Throughout the course of her life, she has traveled between her native country and France, before finally settling in Burgundy in 1992.

Her initial works as a journalist and later as a teacher have given Marie-France a solid foundation as she moves throughout her career. During her time in Quebec she met an Amerindian who was widely skilled in the art of chinese acupuncture, this encounter became the iconic turning point in her life. Soon after, she found herself fixed on the road of exotic healing methods and began her new life's work. Working as an **energetics therapist** and teacher of the skill since 1974, she strives to inspire her students and frequently follows their ongoing progress. She never ceases to share her experience with novice members.

Generous and humane, she passes on her knowledge and passion in France as well as Quebec, but also to chance encounters that life puts on her way. Marie-France shapes her ideas in her very own way, she holds **conferences** and organizes her **training** as if they were filled with calculated improvisation. We can find this similar improvisation in the magic that works on both the body and the mind.

Explaining her therapist methods as well as her personal experience, Marie-France is also a committed **writer, a poet, a novelist**, and a **passionate patron of art and creation**. She has created the « **Association Arts et Paroles** » (The Arts and Speeches Association) and several times a year, in her big house, she organizes exhibitions, shows, conferences and meetings... From commitments to challenges, Marie-France offers us as many keys to life as she has opened doors during her spiritual journey...

Publications

1 / Marie-France O'Leary Energy Therapist

Le corps, centrale d'énergie

(The body, energy center)

Editions Equilibres aujourd'hui (1989)

Editions Charles Corlet (2012), [new version](#)



1989



2012

« The Body Energy center » takes the reader into an initiatory journey where each one of us feels concerned : feeling the invisible, seeing the aura are only ways of approach towards a different conscience of **the universe : "meeting our energies means meeting the universe"**.

Connecting matter, conscience and spirit together. Paying attention to the flow of energy also means taking part in the great calm that inhabits us and being a part of the light weight of matter.

Jean Chabbal about "The Body Energy Center"

Marie-France O'Leary
in the press

Marie-France O'Leary Healer



Marie-France, the Canadian healer, during her visit to Prény.

Marie-France O'Leary is a former journalist and a teacher, she's also a writer and a therapist. She's attracted to old stones and during her visit to the village she took time to get some energy. Here is her interview and the portrait of a healer.

It is a certainty that Marie-France O'Leary has a particular aura and a strong energy. She is Canadian with Irish origins on her great-grandfather's side. She came to America for the first time when she was 12. Her father had created at the time the international association for French-speaking journalists. 'He passed me on the love of this beautiful language because of the English-speaking world' confesses Marie-France who went back to Quebec when she was 15. She came back a few years later, after being a journalist for *La Patrie* and Radio Canada. After having worked for the written and spoken media, she became an art critic for the magazine *La vie des arts*.

Discovering of a gift

After a random encounter towards Lake Saint-Jean, in Gaspésie she met André Poirier, a traditional acupuncturist with a Chinese training. He passed her on his healing gifts. In 1975, she specialized in energy, and settled in the Luberon and later on in the Nièvre.

Her journalism potential still remained. Simultaneously, she wrote several articles, books and tales. She says **'I intensely lived each period of my life... What I prefer the most is the contact with human beings, as I experienced it with journalism.'** She came for the first time to Lorraine in 1989 to give a conference as asked by M. Lewkowitch (a yoga teacher in Metz). Marie-France kept in her heart the kindness of the Lorraine people and made herself the promise that she'd come back.

The will to create

It was about time to start scheduling trainings and conferences. Which explains the creation of several associations that bear the name *Energy and Creation*, these associations expanded all over the country with different characteristics such as individual and group therapies, teaching yijing, anatomical studies of some medical plants, teaching languages, computer science, dancing, singing, theater, painting...

Concerning the purpose of these disciplines in the therapy program, Marie-France explains that **'people who feel good want to create; they are happy with what they achieve... It's possible to feel good in one's kitchen, in the theater or while singing... People who create have a lot of imagination and it helps them to live in such difficult times.'**

Not enlightened people

Another important aim exists, that is to help people to regain the ability to speak and communicate, to become more self-confident and to make people aware of their responsibilities... **'Everyone has to find the exercise that suits them best.'** Marie-France adds that **'healers are far from being enlightened or loony people, because they are aware of the limits of their abilities. We have an association of energetic specialists that get together every year in October.'** According to Marie-France, it is very difficult to be recognized, selection being very strict. An analysis on our recognition has currently started in the European Parliament.

Believing in life

To Marie-France it is necessary to believe in life because it is everywhere. **'A strength of love governs the universe... Meditation helps feeling this love. I believe in all the messages no matter what their names are whether God, Allah, Krishna, Vishnu...'**

While talking about cult issues, Marie-France explains that as long as we don't have a clear knowledge on the subject it is easy to do assimilations **'some don't like Gypsies, Arabs, and Jews... but do they know why? It is important to talk, to remove the fear of mystery and the unknown. It's necessary to think before having an easy judgment on these matters because people still tend to confuse them with other things... however the problem does exist.'** To conclude, we asked her what question she wanted us to ask her. **'Ask me what types of relationships I have with my children?'** Excellent if we listen to Marie-France's words. They are her most faithful auxiliaries: **'I am happy when they are happy.'** What's the secret of her shape? The energy: **'When you don't feel it circulating inside your body, it means that you are sick.'**

Marie-France O'Leary and workshops, Energy

ENERGY

How is it possible to meet and develop one's energy, sooth physical and mental pains thanks to the laying on of the hands and the aura visualization ?

Energy is a gift from life.

It is the sign of the energy living within us.

It means finding again one's cellular memory.

Becoming aware of our traveller role within the universe, balancing this role, here and now.

The laying on of the hands is the first physical practice of the human healing energy or therapeutics energy.

WORKING GROUPS OF ENERGY

Beside conferences and treatment sessions, Marie-France offers the possibility to a group of people to discover energy and its benefits. The group can learn how to use this know-how on a daily basis.

Introduction to Energy,

Knowledge of these energies

Relaxation, meditation, speech

Beginners and experts

Resolving blocked currents of energy within us, in order to find the origin of a suffering. Sending energy to unite oneself to life and rebalance the energies inside the body.

2 / Marie-France O'Leary , Lecturer

Marie-France O'Leary offers several themes of conferences, underlining issues, pains or questions linked to the current ways of life: coincidences in our destiny, "family troubles", and our relation towards money, difficulties and happiness in our human relationships... How to solve those situations? How to take the right decisions in front of a tricky case while knowing how to listen and learning how to set oneself free from the different walls that we've built around us?

Example taken from one of the themes developed during conferences:

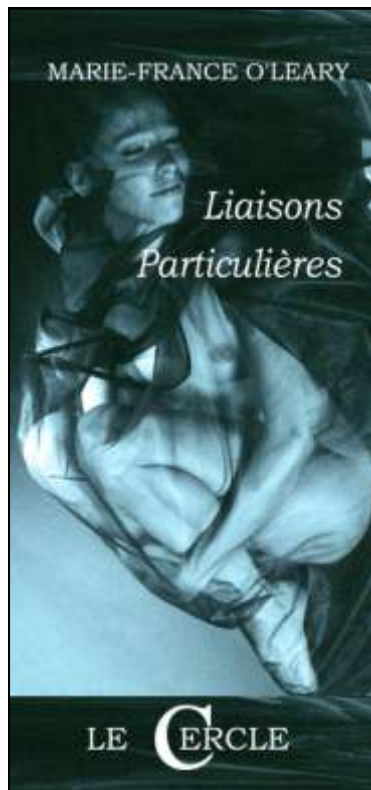
Loving means being free.

« Without love we could not possibly live, without love we are useless. Love is a gift from me to you; love is what links us with each other. I have to learn love all over again by leaving all the prisons of my body, by letting life creating me without being afraid to give myself over to someone and sharing what I am with the other. Love is a free movement of the universe inside my cells: by learning to know myself, I will know how to say yes and how to say no".



*Depending on demand and availability, Marie-France is often accompanied by **different speakers** during conferences : artists, musicians, other lecturers, testimonies from committed people...*

Publications



Liaisons particulières

(Particular Affairs)

Editions du Cercle

At the top of a Saint Saulge hill is located a domain, Le Beauvais, where we can meet artists from all horizons, where they are welcome, where they are looked after with this love that nowadays writers imagine from major Saint Germain parties or from discussions with Proust in Madeleine Lemaire's living room. This is where Marie-France O'Leary lives, she was born in Canada where during over twenty years she was a dramatic literary columnist for Radio-Canada, and a journalist for several art magazines. Behind this woman that we can feel is deeply in love with art, we discover a novel... *Liaisons Particulières* (Particular Affairs)... The life of Ariane, sixty years old, married to a man who has always had eyes for her, who in front of the pain and the death of her friend Karine, thinks over and over again of the carnal pleasures as a duty towards men, introduced by her husband, who have been her lovers, exploring up to the limits the twists and turns of pleasure, with an exaggerated sensuality and an exulting love. Marie-France O'Leary has bridged the gap between eroticism and literature, showing with a fresh style, an entrancing poetry whose sometimes crude tone takes nothing away from the character's beauty. That the flesh instincts are mainly a matter of passion, and that sex experienced as Ariane experiences it, principally is a submission, a self sacrifice towards happiness. A book to read passionately to discover and recognize a literature sometimes mauled...

Antoine Gavory,
Writer from the Nièvre

3 / Marie-France O'LEARY

An erotica writer ...

« This novel that could be biographical isn't merely an erotic tale. The story of the characters are filled with emotion and a faithful friendship, enveloped in love. »

Ariane has particular affairs with men that her husband, Paul, has introduced her to. She becomes fond of these men that pass through her life. She is in love with the sexual pleasure she both gives and receives.

At the same time her dearest childhood friend, Karine, is sick with cancer and dying. During and between Ariane's visits to the hospital of Aix-en-Provence, the reader is deeply moved and touched by the destiny of these two women and their men: Sex and love are synonymous with happiness and with a daily gift to the underlying human relationship.

Marie-France O'Leary was born in Quebec in 1940. She was a journalist for Radio-Canada and a contributor to several art magazines, she is the author of many collections of poetry, novels, plays published in Quebec and in France.

She frequently organizes artistic events gathering men and women with different cultures together.

« Le Cercle »

Erotica works and the revealed fantasies
of contemporary writers.

Publications

Marie-France O'LEARY

An erotica writer

La Cantate de Cybèle

(Cybèle's Cantata)

Editions du Cercle



2008

The story takes place in both Quebec and Spain. Cybèle lives in Percé, in the Gaspé peninsula named Gaspésie where she is waiting for her husband's son. She is filled with memories of her past. She was once married to René who is now deceased. Peter introduced her to love, he is a mysterious character, an old man, a clairvoyant, an extra terrestrial. He has a sensitive and precise knowledge of sex as well as the human conscience and its links with the energy of the universe. Cybèle is fascinated with the destiny of this man and accepts being taught the carnal pleasures that she shares with the women and men she meets on their way. She accompanies them with love, dead and alive, because as she tells us « sex is the port of my incarnation. Without that, I don't have taste for pleasure. »

Cybèle's Cantata is also a moving love story that depicts the whole gamut of human characters described as pleasant, sensual, respectful, generous and unpredictable.

A novel with a clear and refined style.

Marie-France O'leary was born in Quebec. She was a journalist for Radio-Canada and a contributor to several art magazines, she is the author of many collections of poetry,

Marie-France O'Leary's first novel, *Liaisons Particulières* (Particular Affairs), introduced us to a kind of erotica that expressed both the search for pleasure and the search for absolute love through carnal pleasures.

La Cantate de Cybèle (Cybèle's cantata), is, to a greater extent, centered on a personal quest to discover more about oneself, one's soul through carnal pleasures.

Cybèle's liberated and universal sexuality looks like a spiritual quest of well being. This well being is found through relations which are almost surreal and happen during chance encounters with bizarre, almost imaginary people. *La Cantate de Cybèle*, could be a religious guide, where the full knowledge of oneself goes through the understanding of one's body, one's pleasure and almost the entire self-denial of the physical body for an intimate visit of the senses. The carnal pleasures as an initiation, marks the beginning of an incarnation meant to exist beyond life and death. To perceive in oneself as the living element from the existing being, to get to know one's body for a better understanding of one's soul. An alternative to Descartes' cogito (I think, therefore I am), I come, therefore I am.

The message is sometimes delivered in the third-person narrative model with such a particular writing that it becomes a style in itself. This message allows a glimpse on some gaps concerning precepts and principles derived from say, a priests' chastity. The last rites reinterpreted in a particular way, the reincarnation and the existence of a woman at the end of her life who, also, seems, to make her way, while she is filled with memories of men who at the end appear to be so strange that their absence weigh her down more than their presence. A cantata, as Barbara said it, a small cantata from the fingertips...

Marie-France O'Leary in the press

Antoine Gavory : According to you, where does the difference between eroticism and pornography lie?

Marie-France O'Leary : The body is wholesome and beautiful. With eroticism we focus on what is sacred. Pornography is more bestial.

It is the reflection of our animal nature. In the loving relationship, what matters the most is giving pleasure to the other person without expecting anything in return.

AG : Don't you fear that passing on ideas through an erotic novel, which by consequence will interest fewer readers, will reduce the impact of your message ?

M-F-O'L : It is important to demystify sexuality. We have to open our heart and our body without taboo, in order to replace the fear we have by love. The expansiveness of our conscience and our alert energies come from what we self interpret from our senses.

AG : Is the sometimes course vocabulary, of this kind of literature, really necessary ?

M-F-O'L : Everything I do, I do it to create a bond between human beings. My conferences, my novels, the exhibitions I organize (Ed. In beauvais in Saint Saulge), are meant for people to whom art is a life. I am an affective person, my novels are often compared with the experimental films of the 60's and 70's that used to demystify the sentimental films. Erotica has to serve as a support to philosophical thought.

Thank you for this « wilful » novel, that beyond the libertarian way of the French 18th century outlines the incestuous couple of Eros and Thanatos on the one hand, and the ephemeral or the illusory depiction of the body on the other. The book proves that to a certain extent it is through her and thanks to her that the self becomes irrelevant. That a trans-substantiation and sublimation are possible and that the ecstasy and even the frenzy, come close to an awakening or a liberation.

There are body tracts like those of the mind and the act of love which equal prayers when we are a prayer ourselves. Liberating infringement, loss of social taboos, ad-mortem fusion. Pain, blood and sperm mixed together, I have discovered that because of, or as a consequence of a rough, abrupt medicine which is terrifying to the eyes of the vulgar, but necessary and that requires and urges of life as a com-

Marie-France O'Leary

An erotica writer ...

Marie France O'Leary
Le cantate de Cybèle
Éditions Le cercle Poche Indéfil, g/f



Le premier roman de Marie France O'Leary, l'histoire particulière, mais aussi initié à une littérature érotique exprimant à la fois la recherche du plaisir et la recherche de l'amour absolu à travers les satisfactions de la chair. Le cantate de Cybèle, se donne davantage comme la recherche de soi, de son être, à travers les plaisirs. La sensualité libérée et universelle de Cybèle résonne comme une quête spirituelle de bien-être à travers des relations presque initiatiques, au hasard de rencontres étonnantes d'être, presque incessantes. Le cantate de Cybèle pourrait être un guide d'une religion, où la connaissance de soi passe par une compréhension de son corps, de son plaisir et de la quasi abrogation de l'être corporel pour une vision intérieure de ses sens. Le plaisir charnel en guise d'initiation, point de départ d'une incarnation destinée à saisir au-delà de la vie et de la mort, à discerner en soi l'être éternel de l'être éphémère, apprivoiser son corps pour comprendre son être. Une alternative au cogito de Descartes, je pense donc je suis.

Le message, tantôt travesti à la troisième personne, dans une écriture si particulière qu'elle en devient un style, laisse entrevoir quelques prises de position sur des préceptes et des principes issus de la religion, la chasteté des prêtres, les derniers sacrements revêtus d'une façon particulière, la réincarnation, et l'existence d'une femme à la fin de sa vie qui semble chercher, elle aussi, son chemin, empreinte de souvenirs d'enfance qui au final sont tant de choses que leur absence plus plus que leur présence. Une cantate, comme l'avait dit Rabelais, une petite cantate du bon des choses...

L'INTERVIEW



Antoine GAVORY : Qu'est ce qui pour toi fait la différence entre l'érotisme et la pornographie ?
Marie France O'Leary : Le corps est sain et beau. Avec l'érotisme on va vers le sacré. La pornographie elle, est bestiale. C'est le reflet de notre animalité. Dans la relation aimante, ce qui importe le plus c'est de donner à l'autre sans rien attendre.

AG : Passer des idées à travers un roman érotique, qui du fait aura un lectorat limité, n'est ce pas réduire l'impact de ton message ?
M-F-O'L : Il est nécessaire de démystifier la sexualité. Il faut ouvrir son cœur et son corps sans tabou, pour remplacer la peur que nous avons par de l'amour. L'expansion de notre conscience et l'éveil de nos énergies vient de ce que nous connaissons de nous à travers les sens.

AG : Le vocabulaire parfois brut de cette littérature est il nécessaire pour exprimer cette pensée ?
M-F-O'L : Tout ce que je fais, je le fais pour créer des liens entre les hommes, mes conférences, mes romans, les expositions que j'organise (NDLR Au Beauvais in Saint Saulge), je le fais pour des gens pour qui l'art est une vie. Je suis une affective, souvent l'on compare mes romans au cinéma avant-gardiste des années 60-70 qui démystifiait les films sentimentaux. Il faut que la littérature érotique serve d'appui à une pensée philosophique.

La Bibliothèque IDÉALE de Marie France O'Leary

Octavio Paz, le feu de chaque jour
Pablo Neruda Chien Général
Hélène Crespigny
Antoine Arthaud Le théâtre et son double
Rainer Maria Rilke Il n'y a que la nuit
Armand Gatti L'avenir de la parole éternelle
Hans Reuter Une adoration
Séverine Des Mathews L'enfant du sable
Kishinouye Le sens du bonheur
Haruki Murakami Kafka sur le rivage
Annie W. Henry et Jane

En Bretagne

Marie France O'Leary est née au Québec, écrivain et journaliste pour Radio Canada, elle a notamment collaboré à une centaine de romans d'amour et romans de science-fiction dans les magazines de la collection de la Bibliothèque de la Femme à Saint-Saulge des manifestations destinées à rapprocher des artistes différents

Marie-France O'Leary in the press

L'ECHO CHARITOIS LA CHARITE SUR LOIRE
NOVEMBRE 2008

An unexpected literary encounter

Marie-France O'Leary was invited to the « 1001 Feuilles » literary dinner party to present her last novel.

Marie France O'Leary was born in Quebec, she settled in France in 1995. For a long time she was a real nomad and she only put down her roots in 1992, in Saint-Saulge in the Nièvre « where I met a friendly artistic collective », confides the writer. « And the lakes of this region reminded me of my native country »

« My characters try to grow apart from other people's judgement. »

The area inspires her, since it is in this heaven of peace embodied by the Nièvre that she has written her 6th novel La Cantate de Cybèle (Cybèle's Cantata), published last September. It is a kind of continuation of her previous title, Liaisons Particulières (Particular Affairs), a nostalgic tale on the hippy communities era, which Marie-France used to frequent in the 70's. We can refer to La Cantate de Cybèle as a continuation because it is a hymn to free love, a well known hippy philosophy. « I have lived through every slogan of 1968 », smiles the author, who doesn't deny her convictions of the time.

Peter, the character from La Cantate de Cybèle is both a wise person and a libertine. He introduces Cybèle to carnal pleasures. These pleasures are described on several tantalizing pages, a treat for readers who are fond of erotica. « The difference between eroticism and pornography » believes the author « lies in the fact that the affect exists in the first case. My characters love each other. They are looking for a way to create freedom in their love affair and to grow apart from other people's judgement. »

A form of detachment that Marie-France O'Leary compares to Buddhism, even if she assesses the idealism contained in this freedom quest.

Aliterary dinner party laced with spicy details.

During the event held by Mille et une Feuilles, the actress Annie Jeanneret read experts from Marie-France's novel to guests of the literary dinner party, these experts were laced with spicy details. Some of them already had the opportunity to meet the author once during the fair called « Femmes de Talents » (Women of Talents) where Marie-France O'Leary presented her manuscript as a preview.



Marie-France O'Leary in the press

LE JOURNAL DU CENTRE

NOVEMBRE 2008

Marie-France O'Leary's cantata

The first literary dinner of the "Mille et une feuilles" season was dedicated to Marie-France O'Leary for her last novel entitled *La cantate de Cybèle* (Cybèle's cantata).

Her sixth novel

This Quebecer left her country in 1975 and after a stay in Spain she lived for a few years in the south of France before settling in Saint-Saulge in 1992. This is where she created a place dedicated to intercultural encounters linked with artists she met in the Nièvre and during her trips abroad.

In *Cybèle's cantata*, as in her former novel entitled *Particular Liaisons* (*Liasons Particulières*), the author that used to belong to hippy communities in the 70's wished to talk about the sexual freedom of the time. She remembers, with nostalgia, the hope to defeat war with love, but still being aware of the utopian dream of this ideology.

Cybèle explores human beings and communicates with Peter, a libertine and wise man. He initiates her into the pleasures of the flesh and teaches her how to free herself from the way people look at her. The author mentions eroticism to deal with her novel which is different from pornography because her characters go through different types of feelings and love, death as well as suffering explored throughout the novel. She also mentions Buddhism to talk about the detachment that her characters try to find in order to get away from pain.

After a poets' cocktail, dinner was followed with the reading of excerpts from Annie Jeanneret's novel, who is a journalist and a poet. Guests were able to share their impressions directly with the author.

aritois → Villes et villages

LA CHARITÉ-SUR-LOIRE

La cantate de Marie-France O'Leary

Le premier dîner littéraire de la saison des Mille et une feuilles était consacré à Marie-France O'Leary pour son dernier roman *La cantate de Cybèle*.

Son sixième roman



ÉCRIVAIN. Marie-France O'Leary signe son sixième livre avec *La cantate de Cybèle*.

Cette Québécoise, quitte son pays en 1975 et après un séjour en Espagne, vit quelques années dans le sud de la France, avant de s'installer à Saint-Saulge, en 1992. C'est là qu'elle crée un lieu de rencontres interculturelles en lien avec des artistes qu'elle a rencontrés dans la Nièvre et lors de ses voyages à l'étranger.

Dans *La cantate de Cybèle*, comme dans son précédent roman *Liasons Particulières*, l'auteur qui a appartenu aux communautés hippies dans les années 70 a souhaité parler de la liberté sexuelle de cette époque. Elle se rappelle, avec nostalgie, de l'espoir de vaincre la guerre par l'amour, tout en étant consciente de l'utopie de cette idéologie. Cybèle explore l'homme et communique avec Peter, un libertin et un sage. Il l'initie aux plaisirs de la chair et à s'affranchir du regard des autres. L'auteur parle d'érotisme pour qualifier le style de son livre différent de la pornographie car ses personnages vivent des sentiments, et l'amour, la mort et la souffrance sont présents dans l'histoire. Elle fait d'ailleurs le lien avec le bouddhisme pour parler du détachement que cherchent à vivre ses personnages face à la douleur.

Après un apéritif « des poètes », le dîner a été ponctué par la lecture d'extraits du livre par Annie Jeanneret, journaliste et poète. Les convives ont pu partager leurs impressions en direct avec l'auteur. ■

Publications

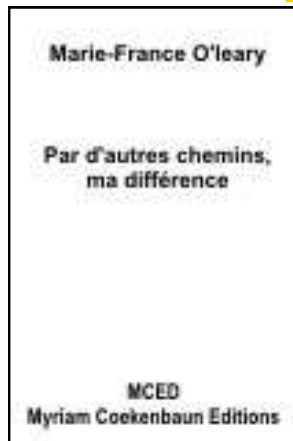
Marie-France O'Leary

A committed woman...

Par d'autres chemins, ma différence

(Through other paths, my difference)

Myriam Coekenbaun Editions



2000

Between Paris and Avignon, June 28th, 1999 .

Dear Marie-France,

I read your book without stopping and I had a very intimate moment. It is a beautiful, deep, intense and lyrical novel...

I am smiling because I could add a long list of qualifying adjectives. Its sumptuousness comes from its simple heart where you managed to find the right balance between present, past, your childhood, your children, your sufferings, your pleasures in life around a theme that you've succeeded to develop from beginning to end. I was able to discover you in a different way that was unknown to me in certain parts (the nuns, the sculptor from Saint-Jean Port Joli, Sienne...) "Aurélia who signs your Aurélia".

It is a deep book where speech is calm and serene. Its strength comes from the testimony it suggests, without any explanation. It's the speech from the heart.

Thank you so much for this wonderful time that moved me to tears while I was doing by train this same trip that took us 25 years ago from Paris to Pertuis and when the sky changed aspects 20 times on Monday June 28th, 1999.

Thank you for this testimony and to which I sympathize with, for this essential deed.

Love and affection,

Eric ARSENAULT, an architect and a musician.

Contact

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